



OCTOBER 2018 | ISSUE 1

# THE ORCHARD NEWS

A Monthly Newsletter by Orchard Vale Trust



## ORCHARD VALE TRUST HEADLINES

- OVT Cinema  
Takeover
- Community  
Gardening Project
- News from our  
homes

## Our First Newsletter

### Sharing our stories

We have so much news and love sharing it with our supporters! What better way than to put it all in a monthly newsletter.

We've been busy bees over the summer making the most of the weather to begin new activities like sailing, fundraising, preparing for Somerset Art Weeks, setting up community projects and visiting some of the UK's beautiful holiday spots.

We support adults with learning disabilities to live life to the full. This means creating opportunities, sharing information and engaging with the communities that surround us.

Together with our service users, we're always coming up with new ways to support adults with learning disabilities.



Tim meets and greets everyone at the Roxy!

## The Inclusive Cinema

Making a difference to adults with learning disabilities

This month marks the third Cinema Takeover at the Roxy cinema in Somerset. It gives adults with learning disabilities a chance to socialise and experience the cinema in a way that is best for them.

By working in partnership with the cinema, we offer tailored screenings to welcome all adults with learning disabilities and their family and friends. We manage the sound and lighting to meet the needs of the audience and we encourage as much participation as possible!

Over the past few months we've seen Mama Mia 2, the Greatest Showman and Paddington 2.

If it's something you would like to try out check out our Facebook page at [facebook.com/orchardvaletrust](https://facebook.com/orchardvaletrust) for the next screening.

## Community Gardening

Giving back to the Community

Our Community Gardeners work hard every week to support people in need in the community.

Maintaining garden spaces and giving back to the community in this way is something a lot of our residents and service users feel passionately about.

The Gardening Team are led by adults with learning disabilities who help vulnerable, elderly or disabled people with their gardening.

This not only involves the hard work needed to make these gardens beautiful again, but also involves a great deal of socialising with members of the community, some of whom find themselves isolated or lonely.

This is a great way to engage with the community, give back and improve the gardens of Somerset.

If you would like to find out more, or would like some help with your gardens please get in touch at [lisa.pearce@orchardvaletrust.org.uk](mailto:lisa.pearce@orchardvaletrust.org.uk)





# East Court

## Somerset Art Weeks 2018

Every year we take part in the Somerset Art Weeks: Open Studios. This means we open our doors to the public to let them see the amazing work that is produced by adults with learning disabilities at Orchard Vale Trust. We have incredible artists amongst us who use a number of different tools and art forms to make beautiful work.

Despite the rain this year we had lots of visitors and really look forward to taking part again next year!



# Northcroft

## The Thames Path Challenge

Three of our residents have raised over £2,000 walking 14 miles!

After weeks of training and a lot of blister plasters we took on the Thames Path Challenge. Getting fit and healthy is one of our main goals this year so it seemed right to take on a challenge.

We are so proud of our residents, who are already scouting out the next big challenge for next year !



# Ferndale

## Stephen's shingled garden

Ferndale's keen gardener, Stephen, decided to create a new look to his garden.

He has a small personal garden which has been grass up to now, but due to fencing, has not always grown evenly and has been difficult to cut.

Stephen decided shingle was the way forward and, with some hard work and a little help from his friends, transformed it into a bright neat and weed free area.

Great work Stephen!



# St Chads

## We're all going on a summer holiday

Everyone at Orchard Vale Trust has been on fantastic summer holidays this year - especially our residents at St Chads.

This summer the guys chose Warmwell as their holiday destination. Group holidays are a tradition at St Chads and this one couldn't have come soon enough!

From 2p machines at the arcade and Monkey World to any ice cream flavour you could imagine it was a very jam packed holiday.

Since getting back, it's all they all talk about!



# Brand New Uniforms: Melhuish and Saunders

Thanks to our supporters we are dressed for the occasion!

The award winning building company Melhuish and Saunders in Somerset has generously supported our Community Gardeners by providing them with some fantastic new uniforms.

Not only do they look good, but they make sure our gardeners are prepared and safe for all occasions.

Melhuish and Saunders do a lot for their community and are involved in a number of projects that recognise the importance of health and wellbeing. They especially want to share their love for the great outdoors!

We cannot thank them enough and hope to carry on a close relationship in the future.

Thank you everyone at Melhuish and Saunders for your support

