



DECEMBER 2018 | ISSUE 3

THE ORCHARD NEWS



A Monthly Newsletter by Orchard Vale Trust



*All festive beverages featured are non alcoholic!

ORCHARD VALE TRUST HEADLINES

- Santa Run at the CCG
- Christmas Cinema Takeover
- News from our homes
- Our Voice

Christmas Special



Sharing our stories

'Tis the season to be jolly - and here is a whole lot of jolly news!

We've been wearing our Christmas jumpers, holding Christmas parties, singing Christmas songs and eating a lot of mince pies,

This year has been extra special because of the new friends and partners we've made along the way. It is such an honour to celebrate with them and to be able to work hand in hand to support adults with learning disabilities.

Here's to many many more years working together!

We wish you all a Merry Christmas and a Happy New Year.



The Santa Run

The CCG's Orchard Cafe



Somerset's Clinical Commissioning Group (CCG), where our Orchard Cafe is based, has kicked off the Christmassy vibe with a Santa Run!

The staff and managers have been training for months and have raised over £500.

Orchard Cafe Elves put together a Christmas spread of mince pies and mulled wine to thank the runners, walkers, organisers and supporters!

Our very own Santa (Chair of Trustee's, Chris Absolon) was also there to thank everyone involved and to celebrate the amazing partnership that has grown between the CCG and Orchard Vale Trust.

The Cafe not only brings the hardworking staff at the CCG lunch, but also supports adults with learning disabilities to gain meaningful employment.

All the ingredients you'll ever need to living life to the full!

Thank you so much Somerset CCG!

Cinema Takeover



A train ride into Christmas!

This month's Cinema Takeover has taken us on a magical ride to the North Pole.

The Polar Express took us all on an unforgettable journey and taught us an important lesson of hope and believing in your dreams,

There's no better way of keeping warm over winter than watching Christmas movies - and what better way than in the cosy cinema The Roxy.

Our partnership with this beautiful cinema means we can offer a tailored cinema experience to people with learning disabilities and their friends and families.

It means those who come can get comfortable and feel at ease in an environment which may seem daunting on a larger scale

This month saw front row dancing and singing, with some spectacular moves to accompany the most thrilling parts of the movie!

The Cinema is open to anyone who would like to join, and it happens once a month so get booking your space with Lisa, You can email her at lisa.pearce@orchardvaletrust.org.uk



East Court

Rudolph comes to OVT

Our gardeners at East Court have been making wonderful Christmas reindeer.

We recycle old pieces of scrap wood, this year mostly pine, and turn them into the most delightful Christmas decorations! They are great for both indoors and outdoors and guarantee Santa dropping in at Christmas...

We're selling them at the Wookey Hub this year and all the money raised goes back into the charity!



Northcroft

Kicking off the most musical month

Singing Sundays, concocted and brought to life by Northcrofts' very own, Victoria Fardon.

Focusing on a range of themes Vic is bringing energy, fun and vitality to our Sunday afternoons. Feel free to come along for the positive vibes these sessions bring! Festive drink and mince pie for everyone, just be prepared to get involved, get those tonsils tinkling and sing your heart out! 3-4pm every other Sunday.



Ferndale

Stephen's shingled garden

An early start to festivities with the Ferndale crew with our Christmas lunch in the cabin at The Lock Inn at Bradford-on-Avon.

A favourite with our residents, the Lock Inn offers great food served by friendly staff in a choice of settings, even a boat!

We also held our 'Secret Santa' event with Diran receiving a new shirt and Stephen getting a Baileys gift box.

All in all, a great start to Christmas for all concerned.



St Chads

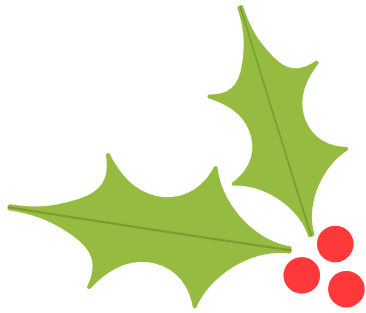
Brand New Room

Paul has been redecorating his bedroom at St. Chad's over the past few weeks with a little help from Ryan.

He has repainted everywhere and decorated a feature wall in a New York themed wall paper. The final part of the process was lifting the old carpet ready for a lovely new one to be fitted.

Paul is thrilled with the final result and the overall opinion is that it's much brighter and fresher. Enjoy your new room Paul!





Our Voice



Here we are at the Christmas Sing-a-Long at the Wookey Church Hall!

We all got together to sing carols, Christmas Hits and all the Christmas Classics.

From dancing to singing, everyone had a great time and to top it all off we enjoyed a festive feast of mince pies and delicious mulled wine.

As you can see by all the photos, our Christmas Jumper collection is on form and everyone's spirits are high.

We would like to wish you all a very Merry Christmas and a Happy New Year from us all at Orchard Vale Trust!

