

# BEHIND THE VALE

Supporting adults with learning disabilities to live life to the full

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## NORTHCROFT BBQ



This month saw some incredible summer weather, as well as some quite ridiculous summer weather. When we were done taking shelter from the heat, we checked in with people from across the Trust to find out the best summer stories and news from this year.

Kicking us off, the residents at Northcroft tucked into a BBQ on a particularly pleasant Saturday evening this July. After spending the day in the lounge, otherwise known as 'the Cool Room', playing Bingo, watching Tv and generally keeping cool, they ventured out into the garden. With a cooling breeze gusting through, everyone found some shade and enjoyed listening to the music provided kindly by Phillip's CD player.



Tim took on the crucial role of head barman, serving drinks throughout the evening. Everyone was happy to get involved, helping with all the setting up and packing away.

After the BBQ, some of the residents settled into the Lounge to watch James Bond: A View To A Kill. Spy thrillers, especially ones featuring 007, are always a favourite among the residents and it was a great way to unwind and end a great day.